

Gross Motor Developmental Profile – 0-15 Months

Child's Name: _____

Birthdate: _____

Concern: _____

Parent's Name(s): _____

Date Seen	Chron. Age	Adj. Age	Date Seen	Chron. Age	Adj. Age	Date Seen	Chron. Age	Adj. Age
(/ /)	()	()	(/ /)	()	()	(/ /)	()	()
(/ /)	()	()	(/ /)	()	()	(/ /)	()	()
(/ /)	()	()	(/ /)	()	()	(/ /)	()	()
(/ /)	()	()	(/ /)	()	()	(/ /)	()	()

Emerging	Achieved	Skill	Age	Comments
()	()	Lifts Head When Held at Shoulder	0-1	_____
()	()	Hips and Knees Flexed in Prone	0-1	_____
()	()	Crawling Mov'ts with Legs in Prone	0-1	_____
()	()	Turns Head to Both Sides in Supine	0-2	_____
()	()	Lifts Head 1" in Prone to Turn & Clear	0-2	_____
()	()	Holds Head to One Side in Prone	0-2	_____
()	()	Hips Abducted/Legs Flexed in Prone	0-2	_____
()	()	Chin, Nose, Trunk in Midline in Supine	1.5-2	_____
()	()	Sym. Posturing of Extremities in Supine	1.5-2	_____
()	()	Holds Head Up to 45 Degrees in Prone	1.5-2.5	_____
()	()	Rolls From Side to Supine	1.5-2	_____
()	()	Extends Both Legs	1.5-2.5	_____
()	()	Ventral Suspension: Head in Plane with Body	1.5-2.5	_____
()	()	Kicks Reciprocally	1.5-2.5	_____
()	()	Held at Shoulder: Holds Head for 15+ sec.	2-3	_____
()	()	Rotates and Extends Head in Prone	2-3	_____
()	()	Holds Chest Up in Prone: Weight on Forearms	2-4	_____
()	()	Head to Surface With Control in Prone	2-4	_____
()	()	Ventral Suspension: Head beyond Plane of body	2.5-3.5	_____
()	()	Holds Head at 90 Degrees in Prone	3-5	_____
()	()	Holds Head Steady in Supported Sit	3-5	_____
()	()	Hips Neutral/Thighs on Surface in Prone	3-5	_____
()	()	Sits With Slight Support	3-5	_____
()	()	Bears Some Weight Through Legs	3-5	_____
()	()	Hands Engage at Midline when Supine	3-5	_____
()	()	Rolls Prone to Supine	3-5	_____
()	()	When Pulled to Sit: Head in Line With Body	3-6.5	_____
()	()	Moves Head Actively in Supported Sit	4-5	_____
()	()	Bears Weight on Hands in Prone	4-6	_____
()	()	Lifts Legs to See Feet in Supine	4-6	_____
()	()	Ventral Suspension: Extends Head, Back, & Hips	4-6	_____
()	()	Rolls Supine to Side	4-5.5	_____
()	()	Prot. Ext. of Arms & Legs Downwards	4-7	_____
()	()	Sits Momentarily – Leaning on Hands	5-6	_____
()	()	Circular Pivoting in Prone	5-6	_____
()	()	Holds Head Erect When Leaned Forward	5-6	_____
()	()	Sits Independently – Using Hands	5-6	_____
()	()	Bears Almost All Weight Through Legs	5-6	_____
()	()	Supine: Raises Hips When Pushing With Feet	5-6.5	_____

<u>Emerging</u>	<u>Achieved</u>	<u>Skill</u>	<u>Age</u>	<u>Comments</u>
()	()	Lifts Head & Assists When Pulled to Sit	5.5-7.5	
()	()	Rolls Supine to Prone	5.5-7.5	
()	()	Holds Weight Through One Hand in Prone	5.5-7.5	
()	()	Bounces While Supported in Standing	6-7	
()	()	Sits Independently 30-60 sec. - No Hands	6-8	
()	()	Prot. Ext. of Arms to Front and Sides	6-8	
()	()	Lifts Head in Supine	6-8	
()	()	Brings One Knee Besides Trunk in Prone	6-8	
()	()	Belly Crawls Backwards	7-8	
()	()	Stands: Fully Erect/Hands Held for Balance	7-8	
()	()	Sits Independently - 10 mins. - No Hands	8-9	
()	()	Assumes Hands-Knees Position	8-9	
()	()	Stands – Fully Erect at Furniture	8-9	
()	()	Belly Crawls Forwards	8-9.5	
()	()	Goes From Sitting to Prone With Control	8-10	
()	()	Moves into Sitting From Prone	8-10	
()	()	Makes Stepping Movements with Hands held	8-10	
()	()	Pulls to Stand at Furniture	8-10	
()	()	Lifts/Replaces Foot w/o Mov't When at Furniture	8-10	
()	()	Lowers to Sitting From Furniture	9-10	
()	()	Prot. Ext. Reactions Backwards	9-11	
()	()	Creeps on Hands and Knees	9-11	
()	()	Cruises Sideways Along Furniture	9-11	
()	()	Holding Furniture: Retrieves Toy From Floor	9-11	
()	()	Gets Down From Furniture With Control	9-11	
()	()	Stands Momentarily	9.5-11	
()	()	Walks Around Holding Onto Furniture	9.5-13	
()	()	Pivots in Sitting	10-11	
()	()	Creeps on Hands and Feet	10-12	
()	()	Walks With Two Hands Held	10-12	
()	()	Stands 3-5 sec. Independently	11-13	
()	()	Assumes & Maintains Tall Kneeling	11-13	
()	()	Walks With Only One Hand Held	11-13	
()	()	Takes 2-3 Independent Steps	11.5-13	
()	()	Stands Alone Well – 10+ sec.	11.5-14	
()	()	Falls By Sitting	12-14	
()	()	Releases Ball With Slight Forward Drop	12-14	
()	()	Walks Without Support – 10+ Steps	12-15	
()	()	Stoops and Recovers	12-15	
()	()	Stands From Hands and Knees	12.5-15	
()	()	Walks Backwards	13.5-21	
()	()	Throws Underhand When Sitting	13-16	
()	()	Creeps or Hitches Up Stairs	13.5-15	
()	()	Walks Sideways	14-15	
()	()	Walks: Feet Wide Apart, Arms Mid/High Guard	14-15	
()	()	Squats to Play, Maintains 30+ sec	14-15	
()	()	Runs – Hurried Walk	14-18	
()	()	Walks into Large Ball: Attempting to Kick	15-18	
()	()	Definite Throwing Motion/Propels 2-3 Feet	15-18	
()	()	Pulls Toy Behind While Walking	15-18	

History: _____

Age Adjustment (if Premie): _____